

Bridges Out of Poverty Training Classes

The book Bridges Out of Poverty: Strategies for Professionals and Communities formed the core for training Mentors to help individuals alter attitudes of generational poverty. Individuals who were raised in “generational poverty” often unknowingly acquired some attitudes which make it difficult for them to be considered reliable employees, and lack other traits which can help them to become valued employees.

This course provides the basis for Mentors, or others who work with individuals raised in “generational poverty,” to understand what those attitudes are, and to work with individuals – while respecting their background and personalities – to understand the “hidden rules”, and to adapt to expectations so that they can find acceptance and satisfaction as good employees ...without necessarily compromising relationships in the families and communities in which they were raised.

So far our committee has sponsored two (2) classes, with about 30 people attending.

BRIDGES out of POVERTY Table of Contents

Introduction	3
Chapter 1 Definitions and Resources	11
Chapter 2 The Role of Language and Story	31
Chapter 3 Hidden Rules Among Classes	39
Chapter 4 Patterns in Generational Poverty	49
Chapter 5 Role Models and Emotional Resources	65
Chapter 6 Support Systems	71
Chapter 7 Mentoring and Bridging	79
Chapter 8 Discipline, Choices, and Consequences	105
Chapter 9 Resources and Resiliency: Internal Assets	119
Chapter 10 Improving the Work Performance: Teaching What Is Needed to Do the job	133
Chapter 11 Creating Relationships with People in Poverty	145
Chapter 12 Developing Personal Skills for Working with People in Poverty	151
Chapter 13 Improving Agency Policies and Internal Processes	161
Chapter 14 Improving Interagency Collaboration	173

Chapter 15	Poverty Culture, Addiction, Treatment, and Recovery	191
Epilogue		211
Research Notes		231
Appendix: Additive Model		255
Bibliography		279